

Nursing Assistant Competencies – 540 Hours - Estrada

1. LONG TERM CARE

- a. Demonstrates knowledge of the long term care nurse assistant functions and responsibilities
- b. Demonstrates knowledge of patient rights
- c. Demonstrates knowledge of communication and interpersonal skills
- d. Demonstrates knowledge of safe environment
- e. Demonstrates knowledge of body mechanics
- f. Demonstrates knowledge of principles of asepsis
- g. Demonstrates procedures for weights and measures
- h. Demonstrates knowledge of resident care skills
- i. Demonstrates knowledge of resident care procedures
- j. Demonstrates procedures for vital signs
- k. Demonstrates knowledge of nutrition
- l. Demonstrates knowledge of emergency procedures
- m. Demonstrates knowledge of rehabilitative/restorative care
- n. Demonstrates procedures for observation and charting
- o. Demonstrates knowledge of death and dying

2. ACUTE CARE

- a. Demonstrates knowledge of the acute nurse assistant functions and responsibilities
- b. Demonstrates knowledge of communication and documentation
- c. Demonstrates knowledge of providing a safe and secure environment
- d. Demonstrates proper care of the surgical patient
- e. Demonstrates knowledge of gastrointestinal and nutritional care
- f. Demonstrates knowledge of genitourinary, reproductive and endocrine care
- g. Demonstrates knowledge of cardiovascular care
- h. Demonstrates knowledge of respiratory care
- i. Demonstrates knowledge of orthopedic care
- j. Demonstrates knowledge of neurological care
- k. Demonstrates knowledge of oncology, immunosuppression and death and dying

3. CERTIFICATIONS

- a. Recommended for certification through the California Department of Public Health Services for Nursing Assistant
- b. Demonstrates competence in Cardio Pulmonary Resuscitation for Adults, Children and Infants through the American Heart Association
- c. Recommended for articulation with Imperial Valley College (IVC). Verification provided by IVC.

4. ESSENTIAL EMPLOYABILITY SKILLS/CAREER PREPARATION STANDARDS

- a. Demonstrates personal skill development (positive attitude, honesty, self-confidence and time management)

- b. Demonstrates effective interpersonal skills (group dynamics, conflict resolution and negotiations)
- c. Demonstrates academic skills, critical thinking and problem-solving in the workplace
- d. Demonstrates effective communication
- e. Demonstrates occupational safety issues and observe all safety rules
- f. Demonstrates career awareness and knowledge of pathways
- g. Demonstrates ability to adapt to changing technology
- h. Demonstrates ability to prepare for employment (resume, job application, job interview and portfolio development)