

Introduction to Health Care Competencies

1. Understand the history and trends of Health Care from ancient times to the present
2. Understand the various health care careers
3. Understand and demonstrate proper use of medical terminology
4. Demonstrate how to take vital signs and their interpretation to various medical conditions and patient ages
5. Understand how to use medical-navigational language to identify human anatomy
6. Understand and identify the Skeletal System
7. Understand and identify the Muscular System
8. Understand and identify the Cardiovascular System
9. Understand and identify the Respiratory System
10. Understand and practice good lifestyle management
11. Understand the seven steps to follow when an emergency occurs that will protect both the victim and the rescuer
12. Identify when and how CPR should be performed
13. Identify illnesses and injuries that may require first aid, including their signs and symptoms and treatments
14. Demonstrate the proper application of slings and finger wraps
15. Understand the purpose of medical documentation and the characteristics of good medical documentation
16. Understand how to research and present on a health career option
17. Essential Employability Skills/Career Preparation Standards
 - a. Understand how personal skill development affects employability (positive attitude, honesty, self-confidence, time management)
 - b. Understand principles of effective interpersonal skills (group dynamics, conflict resolution, negotiations)
 - c. Understand the importance of good academic skills, critical thinking, and problem-solving in the workplace
 - d. Understand principles of effective communication and telephone skills
 - e. Understand occupational safety issues and observe all safety rules
 - f. Understand career awareness, paths, and strategies for obtaining employment
 - g. Understand and adapt to changing technology
 - h. Understand and prepare for employment (resume, job application, job interview, and portfolio development)
 - i. Overview of health related occupations, education/training opportunities and advancement opportunities